

Southmoore
BAPTIST CHURCH
BRINGING HOPE TO THE WORLD

January 10, 2021

Fresh Start Sermon Series

Part II - Getting Over Your Hurt

Matthew 22:36-39

- I. Loving Messy People—Matthew 22:36-39
 - A. The Question Asked— Matthew 22:36
 - B. The Question Answered—Matthew 22:37-39
- II. Choosing to Forgive—Matthew 18:21-22
 - A. If I Don't Forgive—Job 5:2
 - 1. Anger is Intensified
 - 2. Relive Painful Memories
 - B. If I Do Forgive
 - 1. Admit You're Hurt
 - 2. Cancel the Debt
 - 3. Release the Offender
- III. Moving Forward—Ephesians 4:32
 - A. The Empty Chair
 - B. The Unsent Letter