

Put Your Hope In God

Psalm 42:5

**5 Why are you downcast, O my soul? Why so
disturbed within me? Put your hope in God, for I
will yet praise him, my Savior and**

I. The Psalmist's Disappointment - Psalm 42:1

1 For the director of music. A of the Sons of Korah. As the deer pants for streams of water, so my soul pants for you, O God.

A. His Barrenness - Psalm 42:1-2

1 For the director of music. A of the Sons of Korah. As the deer pants for streams of water, so my soul pants for you, O God.

**2 My soul thirsts for God, for the living God.
When can I go and meet with God?**

B. His Bitterness - Psalm 42:3-4

3 My tears have been my food day and night, while men say to me all day long, "Where is your God?"

4 These things I remember as I pour out my soul: how I used to go with the multitude, leading the procession to the house of God, with shouts of joy and thanksgiving among the festive throng.

**C. His Boldness - Psalm 42:5; 2 Corinthians
10:4-5**

Psalm 42:5

5 Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and

2 Corinthians 10:4 - 5

4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.

5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

II. The Psalmist's Despair - Psalm 42:6

**6 my God. My soul is downcast within me;
therefore I will remember you from the land of
the Jordan, the heights of Hermon - from Mount
Mizar.**

A. His Was Overwhelmed - Psalm 42:6-7

**6 my God. My soul is downcast within me;
therefore I will remember you from the land of
the Jordan, the heights of Hermon - from Mount
Mizar.**

**7 Deep calls to deep in the roar of your
waterfalls; all your waves and breakers have
swept over me.**

**B. He Was Overjoyed - Psalm 42:8; 2
Corinthians 4:8-9**

Psalm 42:8

8 By day the LORD directs his love, at night his song is with me - a prayer to the God of my life.

2 Corinthians 4:8 - 9

8 We are hard pressed on every side, but not crushed; perplexed, but not in despair;

9 persecuted, but not abandoned; struck down, but not destroyed.

III. The Psalmist's Decision - Psalm 42:9

9 I say to God my Rock, "Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?"

A. He Would Talk to the Lord - Psalm 42:9-10

9 I say to God my Rock, "Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?"

10 My bones suffer mortal agony as my foes taunt me, saying to me all day long, "Where is your God?"

B. He Would Trust the Lord - Psalm 42:11

11 Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

