



ANNOUNCEMENTS

February 12 @ 6 pm - Men's Ministry Meeting

February 12 @ 6 pm - Ladies In Fellowship Together (LIFT) Dinner and Devotional - This month's speaker will be Lea Conaway

February 21 - Dinner and Movie Night for the Youth - Meeting at Freddie's at 5:45 and movie starts @ 7:10 Please RSVP by tonight!

Digital Sign Fundraiser - We have raised \$20,623.30 toward our digital sign!

Bible Study every Sunday @ 5 pm and Volleyball @ 6 pm

Wednesday Night Dinner @ 6pm - Next Week: Chicken Alfredo

Food Bank Donations - Food Bank Donations needed Donation boxes are in the gym.

Matthew 25:40 "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.'"

OUR STAFF

PASTOR

Dr. Danny Frazee
405-245-9309

pastorfrazee@southmoorebc.org

YOUTH PASTOR

Hayden Young
405-620-0674

youth@southmoorebc.org

WORSHIP LEADER

Dennis Chastain
405-625-6366

musicminister@southmoorebc.org

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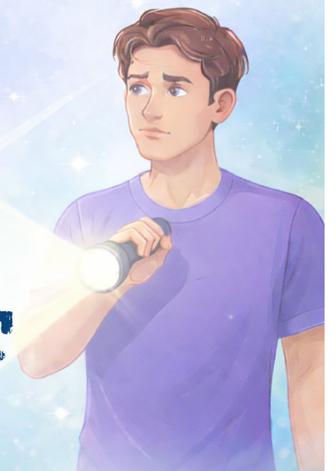
3801 S. Broadway | Moore, OK
405-794-5491

FEBRUARY 11, 2026

TAME YOUR THOUGHTS SERIES - PART 6

WHEN YOU STRUGGLE WITH GUILT

PASTOR DANNY FRAZEE





NOTES

Taming Your Thoughts - When You Struggle With Guilt

I. Reality of Our Sin – Rom 3:23

Practice Picky Thinking - Thought Prevention

Nail this sign on the door of your heart:

No Shame Allowed by order of Jesus!

II. Remedy for Our Sin – 1 Pet 2:24

Identify UFOs - Thought Progression

Do not let the untruth lead to a false narrative and an overreaction. Take self-convicting and self-defeating thoughts captive. Lead them to the foot of the cross.

III. Removal of Our Sin - James 5:16; 1 John 1:9; Ps. 32:3–5; Prov. 28:13; Gal. 3:27; Ps. 34:8; Rom. 12:2

Uproot and Replant – Thought Extraction

Recite: “There is now no condemnation for those in Christ Jesus.” - Rom 8:1

Rather than let the untruth grow, give the lie a yank and replace it with Truth.